# SUSTAINABILITY HIGHLIGHTS



Here's a quick look back at some of our achievements from FY 2019-2020:

# **HEALTH AND WELLBEING**

## **BETTER NUTRITION CHOICES**

- New 'healthier' meal and menu nutrition criteria developed
- Chartwells reduced total sugars in school desserts by 30%
- Healthcare removed 228658g of sugar in 12 months by only including low sugar drinks in meal deal promotions

#### **IMPROVING MENTAL HEALTH**

- You Matter Campaign developed to support mental health of all colleagues
- Over 280 trained mental health first aiders in ESS and RA
- Chatwells partnered with The Dame Kelly Holmes Trust to support the wellbeing of young people
- 'Coffee by Eurest' launched in partnership with Mental Health UK to support wellbeing through encouraging taking a break

#### ALLERGEN CONTROL

- New food label for pre-packaged for direct sale recipes
- New allergen report highlighting 'contains' and 'may contain' information for the 14 recognised allergens

#### **HEALTHY LIFESTYLE**

- Over 1 million views of our Nourished Life website and 30% increase in social media followers
- 20,000 children reached each month through Beyond The Chartwells Kitchen – educational workshops, live in person, live by virtual delivery or recorded toolkit
- Chartwells Super Yummy Kitchen social media channel had >2000% increase in followers on Instagram
- ESS 'WellnESS' and RA 'Ways To Be Well' wellbeing promotion platforms launched for customers and colleagues

# **ENVIRONMENTAL GAME CHANGERS**

# **REDUCING FOOD WASTE**

- Signatories of the Government's 'Step Up To The Plate' pledge, UK Food Waste Roadmap and WRAP Courtauld 2025
- 120 large sites actively using Winnow to track food waste
- Ran a digital campaign to mark 'Stop Food Waste Day' in April
- 200 tonnes of surplus food donated to feed people in need
- 4,300 tonnes of food waste collected for anaerobic digestion
- 787,500 litres of used cooking oil recycled into biodiesel

## **REDUCING SINGLE-USE PLASTICS**

- Signed up to The UK Plastics Pact (the first contract caterer to join)
- Our Single-Use Plastics Guide won 'Best Waste Prevention Project (Food)' at Footprint's waste2zero Awards
- Plastic straws\*, stirrers, cotton buds, carrier bags and oxo-biodegradable plastics removed from our supply chain (\*except for medical use)
- 70 tonnes of single-use plastic items eliminated from foodservice since last year
- 32 million fewer disposable cups purchased since last year

# **CONSERVING RESOURCES**

- Maintained our ISO 14001:2015 Environmental Management System (EMS) certification
- Calculated the baseline carbon footprint of our UK and Ireland business
- Zero waste sent direct to landfill since 2019 (where we manage the waste)
- Cut the size of our fleet by 15% since last year, whilst decreasing use of petrol/diesel vehicles by 21% and increasing uptake of hybrid/electric vehicles by 67%
- 592,000 litres of fuel saved since last year

# PROMOTING PLANT-FORWARD MEALS

- 12.8 million kg of vegetables purchased (4% year on year increase)
- Developed a bespoke tool to calculate the carbon impact of the food we serve, enabling us to add carbon footprint labels to menus
- Chartwells provides a plant-based option daily including non-dairy vegetarian protein minimum of 3 a week
- B&I relaunched Plantilious with enhanced nutrition criteria to promote 20g of protein and at least 2 of you 5 a day in every main meal

# BETTER FOR THE WORLD

## SOURCING RESPONSIBLY

- 89% of fresh meat is sourced from UK & Ireland
- 100% of palm oil contained within vegetable spreads RSPO certified sustainable
- Released a Soy Policy for Compass Group UK & Ireland
- Almost £2m spent on 'LEAF marque' certified sustainably farmed fruit and vegetables
- Supported over 600 Food SME's, making up 80% of our supply chain

## **ENRICHING COMMUNITIES**

- Co-funded 3rd year of Fairtrade's Women's School of Leadership in Cote D'Ivoire
- Generated approximately £91,000 of Fairtrade premium for farming communities across the planet
- Joined Buy Social Corporate Challenge and committed to increasing social enterprise spend
- 250th clean drinking water project funded through sales of bottled water
- Over £832,000 raised in cash and kind for our charity partners

## **COLLABORATING FOR BIG CHANGE**

- Over 50 'Wellness Wednesdays' webinars hosted by RA Group and Eurest for colleagues on various sustainability topics
- Over 1,000 people reached by Eurest Live Events series focusing on sustainability
- Hosted five large sustainability conferences from September 2018 to December 2020, attended by over 1,000 clients and operational managers

